

All About the Bride

Getting ready for the big day can be quite overwhelming. But don't worry, we're here to help. In fact, we've developed a beauty plan that also doubles as a peace-of-mind plan. It not only explains what to do, but when. Of course, this is just a recommendation. You can do more or less. Remember, everything is up to you ~ after all, you're the bride.

Please speak with a Support Team Member to help customize a Bride-to-Be plan that meets your needs. Once your plan is complete, remember to register on our on-line Bridal Registry at www.actaea.com



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The Bride-to-Be Plan

4 months prior	Wedding Day Reservations Le Grand Classique Facial
3 months prior	Bride's Hair Cut and Color Le Grand Classique Facial
2 months prior	Le Grand Classique Facial
5 weeks prior	Hair and Make-up Rehearsals Spa Manicure & Pedicure Eyebrow, Facial, Bikini & Underarm Waxing Le Grand Classique Facial
2 weeks prior	60-minute massage
1 week prior	75-minute Body Contour Treatment Bride's Hair Cut and Color Repeat Waxing Regimen Le Grand Classique Facial
1 day prior	60-minute Massage 75-minute Body Contour Treatment Signature Manicure and Signature Pedicure
Wedding Day	Hair Design Make-up Application Congratulations!

What About the Groom?

Please don't forget about your hubby-to-be. Grooms have to look good too. After all, it's not just about the bride. OK, well it is, but let's pretend we'll be paying attention to the handsome fellow as well.

The Groom-to-Be Plan

5 weeks prior	Spa Manicure & Pedicure Haircut Les Soins Au Masculin/Men's Grooming Facial
1 week prior	Haircut 60-minute Massage
1 day prior	Spa Manicure & Pedicure 60-minute Massage Les Soins Au Masculin/Men's Grooming Facial
Wedding Day	Don't forget the ring!

Wedding Services

Wedding Day Reservations

First things first, you'll want to reserve your Wedding Day Hair Designers, Nail Professionals and Make-up Artists for you, your bridesmaids and family members.

75-Minute *Le Grand Classique Facial* *Les Soins Au Masculine/* *Men's Grooming Facial*

To ensure your skin looks flawless for the big day, we suggest a deep pore cleansing facial regimen once per month to get your skin in tip-top condition for photographs and impressing the in-laws.

Hair Cut and Color

Classic Cut? Highlights? All-over color? Deciding what to do with your hair can be quite tricky, unless of course, you have a plan. Our Hair Designers can devise one that's just right for you. It's best to start prepping the condition, color and length of your hair a few months in advance. And if longer, thicker or color-enhanced hair is what you're looking for, ask to speak with our Certified Great Lengths Hair Extension Technician to get just the look you've dreamed of.

Hair and Make-up Rehearsal

Part of minimizing the stress of your big day comes from the reassurance that you'll look fabulous. A complete run-through with consultation will put your fears to rest.

Manicure & Pedicure

What better way to show off your stunning ring than with beautiful hands to match. And don't forget your feet ~ your toes are worthy of a little glamour too. Start prepping the hands and feet at least one month ahead for best results. Relax and enjoy our signature manicure and pedicure the day before the big event.

Waxing

Eyebrow, facial, bikini and underarm waxing is recommended for the Bride-to-Be. Removing unwanted hair one month prior will prepare the skin for removal one week prior. Ideally you can start this regimen even sooner to minimize the discomfort and maximize the results.

60-minute Massage

A massage one day before the big event is the perfect antidote to pre-wedding stress.

75-minute *Body Contouring Treatment* *- Body contour slimming treatment.*

A remineralizing aro-marine treatment to balance the body's internal environment. A magnificent boost for stressed or tired individuals. A circulation enhancing slimming treatment provides optimum benefit in an intensive series. You'll be sure to catch everyone's attention, especially the groom's.

Wedding Planning Services

At *actaeaworks, Ltd.*, we take bridal preparation very seriously, yet always make it fun. If you're looking to minimize the headache of beauty planning and preparation, please take advantage of our complimentary planning services. Just speak with a Support Team Member to plan all your wedding day needs.

Wedding Day On-Site Preparation

Whether you're planning to get ready at the church, hotel or someone's house, *actaeaworks, Ltd.* specialty hair design and make-up artist teams are available to provide hair and make-up services on-site for you, the bridesmaids, and members of the wedding party and family. Please ask to speak with our Salon and Spa Director to plan an on-site visit.

Bridal Party Gifts

As a treat for the bridal party, the *actaeaworks, Ltd.* spa is available for use on a half-day and full-day basis. Members of the bridal party can receive body treatments, facials, waxing services, massage, make-up services and nail treatments. Spa lunch and beverages are included. Don't forget a special lipstick, body lotion or hair accessories for the bridesmaids as a thank you for their support and friendship. Please speak to our Support Team for assistance in designing the perfect party and gift packages.